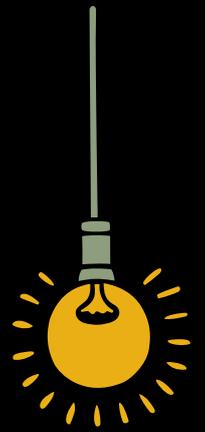


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THE VISION

Vision with action can change the world.
Creating the balance in power through empowerment.



In partnership with





OUR VISION

✦ Vision 1

Make changes within communities through combining the lived experience lens and professional lens.

✦ Vision 2

Strengthen the outcomes for children and young people through social impact.

THE VISION



Vision With Action Can Change The World

OUR MISSION

Vision with action can change the world. Creating the balance in power through empowerment.

Our aspiration is to create change within communities through combining many different lenses.

PERSONAL SKILLS





EXPERIENCE

LIVED EXPERIENCE

Collectively over 50 years of experience of children's social care. Expertise in language, special educational needs, life story work, leaving care, education, life skills, support networks, teenage parenting, risk, exploitation, criminal justice, trauma mental health, communication and housing.

Lived experience through being part of the asylum seeking & refugee community.

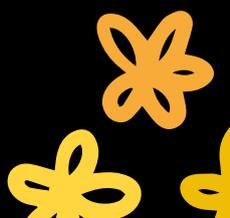
PROFESSIONAL EXPERIENCE

Expertise relating to care experienced children & young people. This experience ranges from independent advocacy, independent audit, children's homes, social work, management roles & Ofsted social care regulatory inspection.

Therapeutic experience through therapeutic social work and play therapy.

Child protection experience through social work and specialist assessment experience.

Fostering experience through social work & management roles.





IMPACT



'So inspiring and raw'.

'What an incredible group. I don't think there was a dry eye in the room.'



'The passion to make positive change in the sector was clear to see'.

'It was an honour to meet you all. You are a breath of fresh air'.

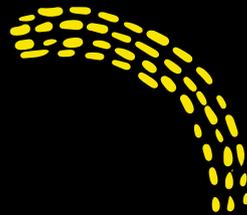
"I don't know why they've been bringing all these professionals in over the years, I feel like I've had all the therapy I need right here and then I'm going to do therapy about my whole life in 2 hours next week...we should have had these guys from the start"

'They just really help and seem to get me. When we did an exercise on Monday Demi talked about when she left care and how scary it was, that's how I feel now. I know its gonna also be good for me and I am gonna have to do it and there are pros and cons to it all but Demi explained it well.'



'The wrap around package is something I've never seen before. You've made something so difficult to imagine so achievable'.

'Every week I sleep so much better. It is helping me so much'.



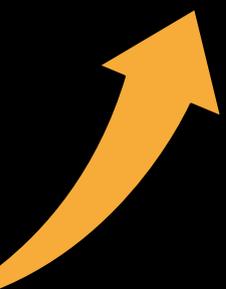
'With The Vision we paint and do exercises and it's like a joint thing where we all say stuff about our fears n stuff then at the end of it I feel like I've released all this stuff and I feel good.'

'So moving and inspirational. To hear how us as professionals can impact the young people in such a huge way with the words we use. Now is time for change and together we can achieve that'.

'Excellent training experience with some great care experienced young people to tell it like it is, straight from the heart'.



'Firstly, I would like to applaud you all for the hard work that has been put into the Vision workshop and thank you for the warm welcome. I found this very moving and insightful and has given me some ideas to bring to our own home and staff team. The young people were amazing and confident in their delivery and captured the attention of all that were there yesterday.'





TRAINING

✦ Courses available-

- Safeguarding training, including exploitation and 'professional' curiosity.
- Step into the shoes of care experienced young people preparing for adulthood.
- The power of quality care through the lens of lived experienced experts, and a social care professional with Ofsted experience.
- The art of reflective practice- Leadership, supervision and appraisal training.
- In our shoes, trauma informed, reflective practice.
- Behind our eyes. Trauma informed practices with a focus on the asylum seeking & refugee community.

All fees include payment, training opportunities, therapeutic support and practical savings for lived experienced associates.



Safeguarding training, including exploitation and 'professional' curiosity.

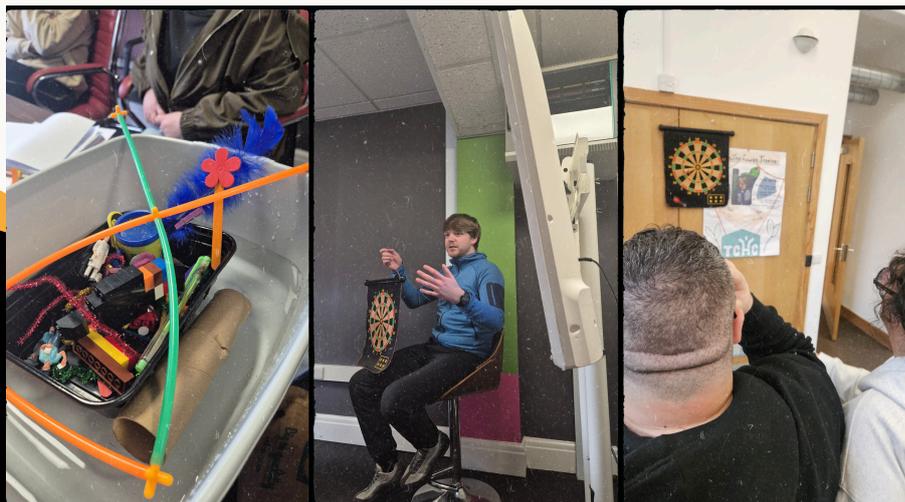
Co-produced and co-delivered training by social work professionals and care experienced experts.

Course Duration: Full day.

Delivery: Face to face

What to expect:

- Focus on current safeguarding legislation and embed this into practice.
- Focus on the signs of abuse.
- Reflections on perception and 'professional' curiosity.
- Become more confident with national, local and organisational safeguarding processes.
- Become more confident with safeguarding children from exploitation. Including reflections from lived experienced experts.
- Develop child focused safety plans.
- Be more confident with managing risk with young people.
- Be more confident with the protection of children quality standard.
- Reflect about how to challenge poor cultures and systemic poor practice.
- Reflect about different tools and strategies to support communication with children and how to manage a disclosure of abuse.



See



Step into the shoes of care experienced young people preparing for adulthood.



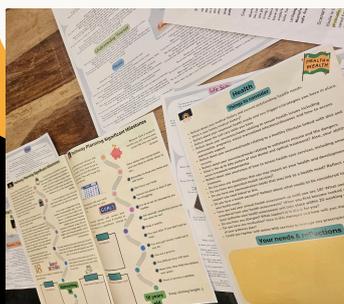
Co-produced and co-delivered training by social work professionals and care experienced experts.

Course Duration: Full day.

Course aimed at those who want the very best for care experienced children and young people. That includes those caring for, supporting, and working with care experienced children and young people.

What to expect:

- Have a deeper understanding of the reality for care experienced young people approaching adulthood.
- Understand the power of life story work, recording and language.
- Be equipped with the knowledge about the life skills care experienced young people need.
- Understand key topics that impact care experienced young people such as finances, housing, emotional well being, education, employment & training, support networks and isolation.
- Reflect about and analyse risk for teenagers and young adults.
- Gain and understanding of pathway planning and create a meaningful pathway plan.
- Be confident in understanding the roles and responsibilities of those supporting a young person's pathway plan. ✨





The power of quality care through the lens of lived experienced experts, and a social care professional with Ofsted experience.

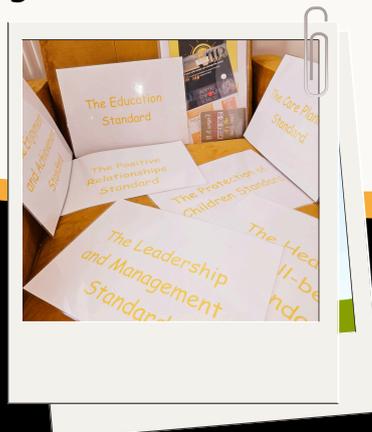
◆◆
Co-produced and co-delivered training by social work professionals and care experienced experts.

Course Duration: 1/2 day.

Course aimed at those who want the very best for care experienced children and young people. That includes those caring for, supporting, and working with care experienced children and young people.

What to expect:

- Understand a care experienced child's journey through their eyes led by lived experienced experts.
- Recognise the impact you can have on a child's life now and in the future.
- Reflect about good and outstanding care utilising Ofsted's SCCIF (Social Care Common Inspection Framework) and the Children's Homes Regulations and Quality Standards. This is delivered through a drama performance.
- Recognise self-development for your organisation.
- Master the art of reflective, analytical writing that will make an impact on children's lives.
- Remind you about the power that you have and reflect about the importance of boundaries. This is completed through a creative play therapy activity.



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The art of reflective practice. Leadership, supervision and appraisal training.

Co-produced and co-delivered training by social work professionals and care experienced experts.

Course Duration: Full day.

Course aimed at those leaders and managers who want the very best for children and young people.

What to expect:

- Develop self-awareness as a manager & leader, underpinned by various models and theories.
- Focus on the importance of leadership.
- Master the art of critical analysis and recording to children.
- Focus on key theories that underpin good management and reflection including shame, boundaries, social graces, personality drivers, cognitive bias and more.
- Utilise a wide range of tools and strategies to support with team development, psychological growth, and secure teams.
- Recognise the importance of supervision & appraisal, including the benefits of both functions.
- Become confident in embedding supervision models and theories into practice. Over 10 different models and theories will be utilised to develop these skills.
- Develop an understanding and become confident in practicing reflective supervision, emotional containment, and emotional resilience.
- Develop confidence with managing risk utilising different strategies.
- Reflect about managing through change underpinned with research-based theories to support practice.



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Behind our eyes.

✦✦ Trauma informed practices with a focus on the asylum seeking & refugee community.

Co-produced and co-delivered training by social work professionals and lived experienced experts.

Course Duration: Full day.

Course aimed at those who want to gain a better understanding of trauma informed practice through a lens of the asylum seeking & refugee community.

What to expect:

- Develop an understanding of the experiences of the asylum seeking & refugee community through their eyes.
- Engage in a range of therapeutic, play and art based methods to develop skills to practice in a trauma informed way.
- Reflect about a variety of psychosocial theories to link to practice.
- Focus on developing boundaries to support with emotional containment.
- Recognise the power of unconscious bias and develop self awareness.
- Develop an understanding of attachment theory.



In our shoes



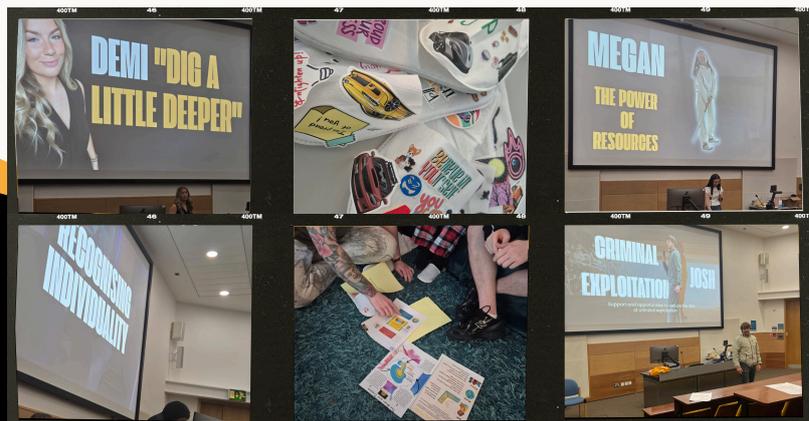
Co-produced and co-delivered training by social work professionals and lived experienced experts.

Course Duration: 2 days- 9:30am-2pm each day. There is an option of a 1 day workshop.

Course aimed at those who want to gain a better understanding of trauma informed , reflective practice through a lens of lived experienced experts.

What to expect:

- Practice sensory grounding techniques.
- Develop an understanding of attachment theory.
- Practice the art of compassion.
- Develop confidence in recording with impact and holding the child in mind.
- Develop confidence in managing risk.
- Reflect about the importance of networks.
- Engage in a range of therapeutic, play and art based methods to develop skills to care for children in a trauma informed way.
- Reflect about a variety of psychosocial theories to link to parenting.
- Focus on developing boundaries to support with emotional containment.
- Recognise the impact trust and shame.



See



REFLECTIVE SUPERVISION

✦✦ Co-produced and co-facilitated reflective supervision session offered to individuals or teams.

Session Duration: 2 hours.

Session aimed at those caring for, supporting, and working with children and young people supported by social care.

Objectives:

- Put together a plan that combines the lens of social care professionals and lived experienced experts.
- Use a range of social work and therapeutic theories, research and models to reflect and inform practice.
- Develop skills around challenge, curiosity, psychosocial practice.



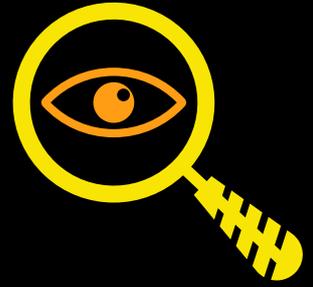
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AUDIT

&



CONSULTANCY

Imagine an audit framework that combines Ofsted's social care common inspection framework (SCCIF) & a framework created from the views & experiences of the care experienced community. This is what The Vision offers! Audits will be completed by care experienced experts and a social care professional with Ofsted social care regulatory inspection experience.

Duration- Half day or full day.

Objective: Set by client.

Bespoke consultancy can be offered based on the needs of your organisation. This will come from experienced children's social workers, a professional with Ofsted social care regulatory experienced and care experienced associates.

This may include service development work, management support or bespoke audit work.

Duration- Set by the organisation.

Objective: Set by organisation.

'I'd like to thank The Vision for their hard work as I can see the progress being made. The actions are pushing us to be better. Other comments from staff are that it's like having an inspection every month. This is of course music to my ears!'



'I feel like we are really moving forward. What you are doing is amazing. You should be very proud!'

INNER SPARK PROGRAMME

The Vision's ethos is all about removing the power imbalance and empowering others.

We offer a team development programme to adults and children together. This programme brings everyone together to develop stronger connections, using various therapeutic models. This programme is delivered by therapeutic social workers & care experienced experts.

The programme is aimed at children and the key adults in their lives. This may be parents, family members, foster carers or carers within children's homes, key adults at school.

Programme Includes:

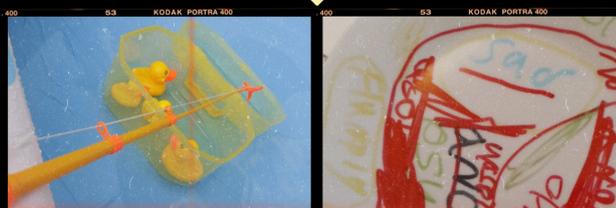
One team reflective supervision, 8 group sessions with the child/children and adults, and a written report to inform the group's life story and recommendations for the future.

The programme can be adapted in a bespoke way to meet the needs of your children/organisation, including one off workshops.

Fees for care experienced associate, therapeutic social worker, all resources and report. Option to include two reflective supervisions

Objectives:

- Understand trauma, brain development and develop emotional resilience.
- Gain practical and emotional skills to support relationship building and emotional health needs.
- Develop self-esteem and skills to emotionally regulate using different social work and therapeutic theories and models.





PLAY THERAPY

Play therapy offers a non-directive, child-led, creative, safe space where children can express themselves and work through difficulties using their natural language of communication, play. Expressing themselves through play can feel safer and less intense for children. They can work through difficult experiences and can process their emotions, over time developing a better understanding of themselves and their experiences.

Sessions delivered by an experienced therapeutic social worker/ play therapist.

Programme Duration: Minimum of 15 sessions. 1 hour per week.

Offers Available:

Individual Sessions:

This includes 1 session of therapeutic play for one individual per week. NB: Please allow an additional five hours for parent/carer interviews x3 and end report.

Half Day:

This includes up to 3 sessions of therapeutic play for three individuals per week. This includes parent/carer interviews and end report.

Full Day:

Up to 5 sessions of therapeutic play for five individuals per week or four individuals and one group play therapy session. Reflective Supervision in relation to referrals to social care, work with families and children on the continuum of need or direct work with parents/carers. Parent/carer interviews and end report.





THERAPEUTIC GROUP WORK

Sessions delivered by an experienced therapeutic social worker/ play therapist and care experienced associate.

Understanding Big Feelings

This group is designed for children who are struggling to understand their feelings and regulate their emotions. The group will help children to identify and differentiate between feelings and understand the physiological reactions that they experience with certain emotions. It will also enable children to recognise their feelings as valid and provide them with strategies to manage the “big” feelings.

Self-Esteem and Confidence Building

This group is aimed at children with low self-esteem and confidence. The group helps children with their problem-solving skills, setting goals, positive self-talk, positive affirmations and creative visualisations.

Mindfulness and Relaxation

This is a relaxing session for those children who need some space and time to breathe. This includes mindful colouring, breathing techniques, sensory activities, movement and mindful poses. Mindfulness can help a child to reduce their anxieties and help them to realise that worrying is normal but provides them with useful coping methods if they are feeling overwhelmed.

Life Story Work

As a therapeutic social worker life story work can be completed with children who would benefit from processing their story. A range of therapeutic tools are utilised to support this process. The child would benefit from processing any trauma that they have experienced, work on recognising their identity and be empowered to develop coping strategies to deal with any emotional distress they may be experiencing.





THERAPEUTIC GROUP WORK

Programme Details:

All Groups consist of six sessions which take place on a weekly basis. A room will need to be made available for 1.5 hours per session. Groups of 2-5 children recommended.

All groups include a resource pack and 'creations' that the children will make during their sessions.

All groups are focused on play and creativity. Resources are age appropriate and can include: lego, construction, painting, arts and crafts, music, creative story writing, sensory play and puppets.

Please allow for a "pre-liminary session" prior to the sessions commencing in order to start to build relationships both between the facilitators and children.

Please Note: Bespoke groups tailored to the needs of small groups are available. For example, groups in relation to managing stress, anxiety, loss and bereavement, sexual / gender identity or experiences for children in care.

Options:

- 1 group per school.
- 2 groups per school.
- Life Story Work.



BE PART OF...



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